Intramusculair injection (second technique)

Step 1: Preform hand hygiene

Step 2: Cleaning work field

Step 3: Checking patient records

Step 4: Checking medicine prescriptions

Step 5: Preparing the medicine

1. Soak a cloth with alcohol
2. Disinfect the rubber cap of the medicine
3. Place the absorption needle on the syringe

Step 6: Prepare the syringe with the medicine and place the injection needle

1. Absorb the right amount of medicine in the syringe
2. Absorb 0,1 – 0,2 ML of air ( Look in sky and use)
3. Make sure there is an air bubble ( not sure how we can do this one)
4. Remove absorption needle

Step 7: Put absorption needle in needle cup

Step 8: Place injection needle on syringe

Step 9: Ask patient to show arm and relax

Step 10: Check if injection spot is clean

Step 11: use syringe on arm

*Start animation scene*

Step 12: Take syringe in right hand and remove the needle cap

* Take syringe in right hand and remove the needle cap.

Step 13: Pull the skin with ring and middle finger to the side

Step 14: Inject needle in skin with a fast, straight motion

Step 15: Fixate the needle with the hand not holding the needle.

Step 16: pull back the compression part back to see if no blood vessels were hit.

Step 17: Inject the medicine slow and steady

Step 18: leave the needle in the muscle for 10 seconds.

Step 19: Pull the needle out of the skin

Step 20: Release skin

*End animation sequence*

Step 21 Remove needle from the syringe

Step 22: Put needle in needle can

Step 23: Clean workspace

Step 24: Preform hand hygiene

Step 25: Write down information